



# November 2020 ROSS Newsletter

## Fairway Gardens & Paradise Trail



### Monthly Feeding Events!



#### Feeding Tampa Bay Meals Program

Thursday, November 5, 2020  
12:00 PM-3:00 PM



#### RCS Mobile Food Pantry

Tuesday, November 10, 2020  
9:30 AM-12:00 PM  
Tuesday, November 24, 2020  
9:30 AM-12:00 PM



If you are in need of food, please contact the ROSS Coordinator in advance at **(727) 446-1045, ext 265** to have it delivered to you on the day of the event.

Clearwater Housing Authority (CHA) will be closed in observance of the following dates in November:

#### Veterans Day

Wednesday, November 11, 2020

#### Thanksgiving holidays

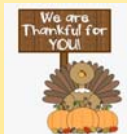
Thursday, November 26, 2020  
& Friday, November 27, 2020



#### Thanksgiving Holiday Break:

(No school for Pinellas County staff/students)

Monday, November 23, 2020 -  
Friday, November 27, 2020



### HAPPY THANKSGIVING!

## Help For The Holidays!



**METROPOLITAN  
MINISTRIES**



Metropolitan Ministries will provide low-income and/or disabled individuals, families, and seniors with food for a full holiday meal at Thanksgiving and Christmas, along with toys for your children. There are selected drive-through & walk-up locations on the day of the events.

For requirements and/or to register, visit  
[www.metromin.org/holiday-central](http://www.metromin.org/holiday-central)



## Holidays on Wheels Program

**Tuesday,  
November 17, 2020  
10:00 AM-2:00PM**

Thanksgiving delivery  
of meal ingredients



In partnership with Metropolitan Ministries, the Tampa Bay Network to End Hunger program will provide two special holiday deliveries of food and toys this year for transportation disadvantaged families with children and/or homebound seniors (62 years or older).

For requirements and/or to register, visit  
[www.networktoendhunger.org/holidays](http://www.networktoendhunger.org/holidays)



**Wednesday,  
December 16, 2020  
10:00 AM-2:00PM**

Holiday delivery of  
meal ingredients &  
toys for children



## 2021 Public Housing Authorities Director Association (PHADA) Scholarship Program

In order to encourage academic excellence and community responsibility among high school students, PHADA has implemented a scholarship program for graduating seniors who are preparing to enter college. PHADA will award three scholarships to deserving youth currently residing in a PHADA member agency.



### Scholarship Requirements Checklist

1. **Application & Grade Point Average Verification Page** - contact the ROSS Coordinator to obtain an application and verification page.
2. **School transcript** - must be official copy.
3. **Two letters of recommendation** - must submit one teacher or guidance counselor recommendation and one personal reference, non-family recommendation
4. **Essay** - must submit a typewritten essay in English addressing the topic: How my Public Housing and high school experiences have influenced my life. (350-500 words).
5. **Would you like to be considered for the Freedom & Civil Rights Scholarship?** To be considered for the Freedom & Civil Rights Scholarship (\$5000), include a personal essay (350-500 words) demonstrating your efforts and achievements in furthering the values of the civil rights movements. Explain why the cause is still relevant in communities today and how they relate to your educational goals. Include any relevant volunteer experiences and community involvement activities relating to advancing the cause of civil rights.



Please submit the required documents in-person by **Monday, December 21, 2020** or contact **Samuel A. White** (ROSS Service Coordinator) at 727-446-1045, ext. 265 or e-mail at [swhite@clearwaterhousingauth.org](mailto:swhite@clearwaterhousingauth.org)  
For more information, visit [www.phada.org/Scholarship](http://www.phada.org/Scholarship).

## FREE Emotional Wellness Counseling



### Are you feeling stressed or overwhelmed?

The Willa Carson Health & Wellness Center is now offering free Counseling services for those affected by COVID-19

- ◇ Short-term services
- ◇ Solution-focused sessions
- ◇ Confidential
- ◇ Licensed Counselors
- ◇ No cost but donations accepted



To schedule an appointment, call **(727) 467-9411** or email at [WillaCarson@outlook.com](mailto:WillaCarson@outlook.com)

**Willa Carson Health & Wellness Center**  
1108 N. Martin Luther King Jr.  
Clearwater, FL 33755



# Gratitude

## Did you know *Gratitude*...

- ◆ Shields you from negativity
- ◆ Makes you at least 25% happier
  - ◆ Rewires your brain
  - ◆ Eliminates stress
  - ◆ Heals
  - ◆ Improves sleep
- ◆ Boosts self-esteem and performance
- ◆ Enhances the Law of attraction
  - ◆ Improves relationship